



AmnioWellness Pain

Bone, tendon, ligament, joint issues.

Overview

Thank you for choosing AmnioWellness in an attempt to mitigate your pain. Your appointment today is just the beginning of the pain relief process. We need some help from you. Our goal is to get your body functioning at an optimum level including boosted immunity. We would like to work with you natural in an attempt to maximize your ability to heal and rejuvenate.

Your AmnioWellness procedure, starting with an AmnioWell(AF) treatment, will spearhead this process. Please follow your physician's advice on diet, nutrition, and exercise.

What to avoid

Avoid anti-inflammatory medications, negative people, and unhealthy processed foods.



What to focus on

Focus on your training, diet, and stress relief. Consult with your doctor and review blood work to make sure your body's chemistry is working with you.

AmnioWell Pain Treatment

- Although it is not required, you may consider fasting prior to your treatment.
- Having your hormones at the proper levels will assist in your healing. Make sure to get blood work done prior to the AmnioWell treatment. AmnioWell(AF) works internally with your entire body to heal.
- On the day of your appointment, please bring any prior bloodwork with you. The physician may also require additional bloodwork prior to treatment.
Please do not take any anti- inflammatory or pain medications for ONE WEEK before, or a time during AmnioWellness treatment.
- Give the treatment 12 weeks to work and complete all protocols.
- For one week prior to treatment, intermittent fasting/eating within circadian rhythm is advised for optimal results.
- Perform doctor prescribed exercises/movements prior to and post treatment.
- Work the affected area to the best of your ability. Move as great of a range of motion as possible and perform your prescribed exercises daily.



Continued movement of the injured area is a very important part of the therapy.

- Maintain your therapy appointments for the treatment to work to its maximum potential.
- The AmnioWell shot is the beginning of your therapy in an attempt to become pain free, you must continue by improving your diet and exercise routine. Please help your body put the AmnioWell(AF) to use properly.

Additional

You may experience a more vibrant deeper sleep, improved daytime energy, and more rapid healing from training. Pay attention to your body and catalogue results for in writing or video about your journey.



AmnioWell Pain Patient Questionnaire

Date: _____
Name: _____
Address: _____
Phone Number: _____
Email Address: _____

1. What brings you in?

2. Where is your pain located?

3. What is your injury?



4. How long have you had this pain/injury?

5. How has this pain/injury affected your life?

6. What is your level of pain on a scale of 1-10, 10 being the highest?

7. Is there recorded documentation of your pain/injury?



8. How often do sleep?

9. How often do you get sick?

10. What would you rate your immune system?
